



## ABC Course: Preparation for High Altitude Mountaineering

### Kobler & Partner with Outdoor Engadin

The Laufschule Scuol, in partnership with Kobler & Partner, offers an ABC training course as preparation for high altitude mountaineering. The Swiss company Kobler & Partner is highly respected and a market leader for guided high altitude expeditions.

In addition to basic training this course also covers the health and medical issues relevant to high altitudes, and the choice of relevant materials and equipment. Within the ABC course the Laufschule Scuol conducts a proficiency and individual counselling training course which has been developed in conjunction with Magglingen and Swiss Olympic Association. Valuable training tips for actual expedition preparation are given.

The course takes place in Bern and is instructed by the guide **Ruedi Kellerhals** of Kobler & Partner, sports medicine specialist **Daniel Walter**, and **Franzi Gissler** of Laufschule Scuol.

Further information can be obtained directly from the website of **Kobler & Partner**.

Date	Level	Description	Price
30.4.10 - 02.05.10	BP	ABC course for high altitude mountaineering	CHF 650.-
29.10.10 - 31.10.10	BP	ABC course for high altitude mountaineering	CHF 650.-

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